



## TREATMENT METHODS IN STERILITY

### Clomiphene Letrozole therapy

You start counting on the 1st day of bleeding = day 1.

On the 5th day of your cycle, you start Clomiphene Letrozole tablets 1x1/day.

On the 1st-5th day of your cycle, contact the clinic and arrange an ultrasound appointment for the 10th day of your cycle. If this falls on a weekend, then either on the Thursday before or the Monday after.

Continue to take the Clomiphene Letrozole until the ultrasound appointment.

Please take the Ovitrelle syringe with you to the ultrasound appointment.

If an egg follicle of approx. 20 mm can be seen in the ultrasound, you will receive the Ovitrelle injection to trigger ovulation.

Then have sexual intercourse on the following two days.

If you are 5 days “overdue” with your menstruation, take a pregnancy test. There are the following three possible results and the resulting procedures:

1. If this is NEGATIVE, then take another test after a total of 10 days “overdue”.  
If this test is also negative after 10 days “overdue” - then there is no pregnancy.
2. If you bleed, the result is also NEGATIVE. You can start treatment again on day 5.
3. If the test is POSITIVE, contact the surgery to make an appointment in about 3 weeks’ time.